

Lunch week 1

All our ingredients are locally sourced and delivered fresh by local suppliers. Our eggs are free-range and Red Lion stamped, our fish is sustainably sourced and MSC approved and our meat is British Red Tractor accredited wherever possible.

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN MEAL £1.90	Cajun Chicken Pasta Bake served with Broccoli	Beef Chilli Con Carne served with Fluffy Rice & Tortilla Chips	Chicken Tikka Masala served with Pilau Rice	Garlic & Lemon Chicken served with Root Vegetable Mash & Jerk Gravy	Hand Battered Fish served with Chips & Peas or Baked Beans
ALL SERVED WITH SEASONAL VEGETABLES & POTATO OR RICE DISH OF THE DAY					
PLANT BASED / VEGETARIAN £1.90	Quorn Meatballs with a Roast Pepper, Tomato & Red Onion Pasta Bake served with Garlic	5 Bean & Vegetable Chilli served with Fluffy Rice & Tortilla Chips	Roast Cauliflower & Potato Masala served with Pilau Rice	Roast Quorn Fillet served with Root Vegetable Mash & Jerk Gravy	Vegetable Sausage served with Chips & Peas or Baked Beans
ALL SERVED WITH SEASONAL VEGETABLES & POTATO OR RICE DISH OF THE DAY					
STREET FOOD £1.90	Chicken Tikka Flatbread served with Salad & Mint Yoghurt	Sweet Chilli Chicken Noodles	Pulled Pork Loaded Nachos with Cheese & Salsa	Honey & Soy Chicken Fried Rice	BBQ Chicken Wrap served with Sweetcorn Salsa
TAKEAWAY TUBS £1.90	Pasta served with Selection of Sauces	Pasta served with Selection of Sauces	Pasta served with Selection of Sauces	Pasta served with Selection of Sauces	Pasta served with Selection of Sauces
PIZZA SLICE £1.20	Margarita Pepperoni	Margarita Pepperoni	Margarita Pepperoni	Margarita Pepperoni	Margarita Pepperoni
JACKETS 0.90	TRY OUR DELICIOUS FILLINGS FOR 50p EACH				
DESSERTS 90p	Toffee Apple Crumble served with Custard	Sticky Lemon Sponge served with Custard	Chocolate Sponge served with Chocolate Sauce	Banana Cake served with Toffee Sauce	Treacle Sponge served with Custard

Meal Deal

Main Meal
With Vegetables
And Dessert



+



+



£2.50

All Of Our Main Meals,
Sandwiches & Desserts Are
Freshly Made On Site Every Day